

PUB & KITCHEN

NO GUESSWORK HERE -
WE'VE ID'D THE USUAL
SUSPECTS FOR YOU!

GLUTEN INTOLERANT

LUNCH

AVAILABLE FROM 12PM - 3PM

TUNA MELT 688 kcal 9.00

Tuna mixed with red onion, peppers and mayonnaise, topped with cheese on a gluten-free roll.

ADD CHIPS 405kcal 1.70

STARTERS & SHARERS

SOUP OF THE DAY 513 kcal 5.50

Ask the team for today's flavour. Served with a gluten-free roll.

NACHOS V (Serves 2-3) 442 kcal 9.95

Smothered in guacamole, jalapeños, salsa, sour cream and cheese. Take it to the next level with cajun chicken.

Add Cajun Chicken 114 kcal 3.50

VEGAN NACHOS Vc (Serves 2-3) 351 kcal 9.95

Smothered in guacamole, jalapeños, salsa and dairy free cheese.

MAINS

HUNTERS CHICKEN STACK 1143 kcal 14.50

Succulent chicken breast and crispy bacon, covered in melted cheddar cheese and BBQ sauce, served with chips and coleslaw.

CAESAR SALAD V 714 kcal 9.95

Crispy little gem lettuce, tomato, drizzled in a delicious Caesar dressing and topped with Italian cheese shavings.

Add Sliced Chicken Breast 259 kcal 3.00

FISH AND CHIPS 1001 kcal 14.75

Hand-battered fish, chunky chips, tartar sauce and peas.

STACKED BURGER - CLASSIC

Simply grilled burger with burger sauce in a gluten-free roll.

Two Patties 731kcal 12.60

Three Patties 871kcal 13.30

SIDES

SKINNY FRIES Vc 438 kcal 4.00

CHUNKY CHIPS Vc 404 kcal 4.00

MIXED LEAF SALAD Vc 50 kcal 5.00

DESSERTS

CHOCOLATE FUDGE BROWNIE V 604 kcal 6.60

Gooley chocolate brownie with a delicious melt-in-the-middle centre, served with triple chocolate ice cream.

KNICKERBOCKER SUNDAE V 657 kcal 7.00

Vanilla ice cream layered with raspberry, strawberry, meringue and whipped cream, with a flake and a cherry on the top.

A true classic!

DAIRY INTOLERANT

LUNCH

FALAFEL WRAP Vc 391 kcal 9.00

Falafel wrap with guacamole, salsa, served with dressed salad.

ADD CHIPS 405kcal 1.70

STARTERS

SOUP OF THE DAY 513 kcal 5.50

Ask the team for today's flavour. Served with fresh bread.

GARLIC BREAD Vc 409 kcal 6.25

VEGAN NACHOS Vc (Serves 2-3) 351 kcal 9.95

Smothered in guacamole, jalapeños, salsa and dairy free cheese.

MAINS

FISH AND CHIPS 1001 kcal 14.75

Hand-battered fish, chunky chips, tartar sauce and peas.

BALTI PIE Vc 932 kcal 11.35

Cauliflower and spinach Balti pie with mash, vegetables and gravy.

STACKED BURGER - CLASSIC

Simply grilled burger with burger sauce.

Two Patties 731kcal 12.60

Three Patties 871kcal 13.30

PIZZAS

VEGAN MARGHERITA Vc 946 kcal 13.65

Rich tomato base topped with dairy-free cheese.

BBQ CHICKEN AND BACON 1438 kcal 15.20

BBQ base, topped with tender chicken, crispy bacon and dairy-free cheese.

PEPPERONI 1375 kcal 15.20

Rich tomato base topped with grated dairy-free cheese and loads of pepperoni.

SIDES

SKINNY FRIES Vc 438 kcal 4.00

CHUNKY CHIPS Vc 404 kcal 4.00

GARLIC BREAD Vc 409 kcal 6.25

MIXED LEAF SALAD Vc 50 kcal 5.00

DESSERTS

STICKY TOFFEE PUDDING Vc 538 kcal 6.20

Warm sponge drenched in toffee sauce, served with dairy free ice cream.

V SUITABLE FOR VEGETARIANS

Vc SUITABLE FOR VEGANS


If you have a food allergy, intolerance or coeliac disease, please speak to a team member about the ingredients in your food and drink before you order. Thank you.

KIDS LIFESTYLE AND ALLERGEN MENU

GLUTEN INTOLERANT

STARTERS


Perfect for a quick nibble, or for those with a smaller appetite.

RAINBOW STICKS  34 kcal
Fresh carrot, cucumber and peppers.


1.05

MAINS


Yummy meals for rumbling tummys! Served with a side of peas, beans or sweetcorn.

BONKERS BACON CHEESEBURGER  567 kcal 6.65
Chargrilled burger in a gluten-free roll, topped with melted cheese and bacon with chunky chips.

DESSERTS

CHEEKY CHOCOLATE BROWNIE  327 kcal 4.50
Chocolate ice-cream, with fudgy brownie pieces and chocolate sauce.

FIZZY FRUIT AND SORBET  133 kcal 3.50
Seasonal fresh fruit with orange sorbet.

VEGAN ICE CREAM  3.80
Choose two scoops from:
Chocolate 170 kcal | Strawberry 160 kcal | Vanilla 158 kcal

MAKE IT A MEAL DEAL FOR £9.95
PICK A STARTER, MAIN, DRINK AND DESSERT!

Choose a side: peas, beans or sweetcorn.

Now pick your drink: Pip Organic Juice, orange juice, apple juice, milk, Pepsi Max, Diet Pepsi or lemonade.

DAIRY INTOLERANT

STARTERS

Perfect for a quick nibble, or for those with a smaller appetite.

RAINBOW STICKS  34 kcal
Fresh carrot, cucumber and peppers.


1.05

CRUNCHY GARLIC BREAD  218 kcal
Crispy bread covered in garlic butter.

1.60

MAINS

Yummy meals for rumbling tummys! Served with a side of peas, beans or sweetcorn.


BBQ CHICK*N WRAP  612 kcal 6.65
Vegan 'Chick*n' in a warm tortilla with BBQ sauce, served with chunky chips.

KICKING CHICKEN FAJITA WRAP 758 kcal 6.65
Chargrilled chicken with onions, peppers and dairy-free cheese, served with chunky chips.

BONKERS BACON CHEESEBURGER 567 kcal 6.65
Chargrilled burger in a sesame seed bun, topped with melted dairy-free cheese and bacon with chunky chips.

DESSERTS


FIZZY FRUIT AND SORBET  133 kcal 3.50
Seasonal fresh fruit with orange sorbet.

VEGAN ICE CREAM  3.80
Choose two scoops from:
Chocolate 170 kcal
Strawberry 160 kcal
Vanilla 158 kcal




TOTS GLUTEN INTOLERANT

MAINS

PASTACADABRA  234 kcal 5.45
Gluten-free pasta tubes in a tomato and garlic sauce.


DESSERTS

FIZZY FRUIT AND SORBET  133 kcal 3.50
Seasonal fresh fruit with orange sorbet.

VEGAN ICE CREAM  3.00
Choose two scoops from:
Chocolate 170 kcal | Strawberry 160 kcal | Vanilla 158 kcal


TOTS DAIRY INTOLERANT


MAINS

PASTACADABRA  234 kcal 5.45
Gluten-free pasta tubes in a tomato and garlic sauce.

SCRATCH & LUCY'S FISH FINGERS AND CHIPS 476 kcal 6.50
Breaded fish fingers, served with fries and ketchup.

DESSERTS

FIZZY FRUIT AND SORBET  133 kcal 3.50
Seasonal fresh fruit with orange sorbet.

VEGAN ICE CREAM  3.00
Choose two scoops from:
Chocolate 170 kcal | Strawberry 160 kcal | Vanilla 158 kcal

MAKE IT A
MEAL DEAL
FOR £8.50

PICK A MAIN, DRINK AND DESSERT!

Choose a side: peas, beans or sweetcorn.

Now pick your drink: Pip Organic Juice, orange juice, apple juice, milk, Pepsi Max, Diet Pepsi or lemonade.

MAKE IT A
MEAL DEAL
FOR £8.50

PICK A MAIN, DRINK AND DESSERT!

Choose a side: peas, beans or sweetcorn.

Now pick your drink: Pip Organic Juice, orange juice, apple juice, milk, Pepsi Max, Diet Pepsi or lemonade.