

PUB & KITCHEN

NO GUESSWORK HERE -
WE'VE ID'D THE USUAL
SUSPECTS FOR YOU!

GLUTEN INTOLERANT

LUNCH

AVAILABLE FROM 12PM - 3PM

TUNA MELT 688 kcal **9.00**

Tuna mixed with red onion, peppers and mayonnaise, topped with cheese on a gluten-free roll.

ADD CHIPS 405kcal **1.70**


STARTERS & SHARERS

PRAWN COCKTAIL 531 kcal **7.15**

Shredded lettuce topped with Atlantic prawns in a Marie Rose sauce, served with a gluten-free roll and lemon.

SOUP OF THE DAY 513 kcal **5.50**

Ask the team for today's flavour. Served with a gluten-free roll.

NACHOS  [Serves 2-3] 442 kcal **9.95**

Smothered in guacamole, jalapeños, salsa, sour cream and cheese. Take it to the next level with cajun chicken.

Add Cajun Chicken 114 kcal **3.50**


VEGAN NACHOS  [Serves 2-3] 351 kcal **9.95**

Smothered in guacamole, jalapeños, salsa and dairy free cheese.

MAINS


HUNTERS CHICKEN STACK 1143 kcal **14.50**

Succulent chicken breast and crispy bacon, covered in melted cheddar cheese and BBQ sauce, served with chips and coleslaw.

 **RUMP STEAK** 842 kcal **17.55**

Prime 8oz rump steak, grilled to perfection, served with chunky chips, grilled tomato, and mushroom.

Add Peppercorn Sauce 46 kcal **2.40**

Add Axle Jack Glaze 84 kcal  **2.40**

CAESAR SALAD  714 kcal **9.95**

Crispy little gem lettuce, tomato, drizzled in a delicious Caesar dressing and topped with Italian cheese shavings.

Add Sliced Chicken Breast 259 kcal **3.00**

FISH AND CHIPS 1001 kcal **14.75**

Hand-battered fish, chunky chips, tartar sauce and peas.


STACKED BURGER - CLASSIC

Simply grilled burger with burger sauce in a gluten-free roll.

Two Patties 731kcal **12.60**

Three Patties 871kcal **13.30**

SIDES

SKINNY FRIES  438 kcal **4.00**

CHUNKY CHIPS  404 kcal **4.00**

MIXED LEAF SALAD  50 kcal **5.00**

DESSERTS

CHOCOLATE FUDGE BROWNIE  604 kcal **6.60**

Goey chocolate brownie with a delicious melt-in-the-middle centre, served with triple chocolate ice cream.

KNICKERBOCKER SUNDAE  657 kcal **7.00**

Vanilla ice cream layered with raspberry, strawberry, meringue and whipped cream, with a flake and a cherry on the top. A true classic!

 **SUITABLE FOR VEGETARIANS**

 **SUITABLE FOR VEGANS**

If you have a food allergy, intolerance or coeliac disease, please speak to a team member about the ingredients in your food and drink before you order. Thank you.

DAIRY INTOLERANT

LUNCH

FALAFEL WRAP  391 kcal **9.00**


Falafel wrap with guacamole, salsa, served with dressed salad.

ADD CHIPS 405kcal **1.70**

STARTERS

PRAWN COCKTAIL 531 kcal **7.15**


Shredded lettuce topped with Atlantic prawns in a Marie Rose sauce, served with brown bread and lemon.

CREAMY GARLIC MUSHROOMS  458 kcal **7.15**

Rich and creamy garlic mushrooms served on a toasted ciabatta.

SOUP OF THE DAY 513 kcal **5.50**

Ask the team for today's flavour. Served with fresh bread.

GARLIC BREAD  409 kcal **6.25**

SHARERS


VEGAN NACHOS  [Serves 2-3] 351 kcal **9.95**

Smothered in guacamole, jalapeños, salsa and dairy free cheese.

MAINS

FISH AND CHIPS 1001 kcal **14.75**

Hand-battered fish, chunky chips, tartar sauce and peas.

BALTI PIE  932 kcal **11.35**

Cauliflower and spinach Balti pie with mash, vegetables and gravy.

CHICK'N BURGER  1294 kcal **13.75**

A fried vegan chick'n burger served with garlic mayo, lettuce tomato and BBQ sauce.

STACKED BURGER - CLASSIC

Simply grilled burger with burger sauce.

Two Patties 731kcal **12.60**

Three Patties 871kcal **13.30**

PIZZAS

VEGAN MARGHERITA  946 kcal **13.65**

Rich tomato base topped with dairy-free cheese.


BBQ CHICKEN AND BACON 1438 kcal **15.20**


BBQ base, topped with tender chicken, crispy bacon and dairy-free cheese.


PEPPERONI 1375 kcal **15.20**

Rich tomato base topped with grated dairy-free cheese and loads of pepperoni.

SIDES

SKINNY FRIES  438 kcal **4.00**

CHUNKY CHIPS  404 kcal **4.00**

GARLIC BREAD  409 kcal **6.25**

MIXED LEAF SALAD  50 kcal **5.00**

DESSERTS

STICKY TOFFEE PUDDING  538 kcal **6.20**


Warm sponge drenched in toffee sauce, served with dairy free ice cream.

KIDS LIFESTYLE AND ALLERGEN MENU

GLUTEN INTOLERANT


STARTERS

Perfect for a quick nibble, or for those with a smaller appetite.


RAINBOW STICKS  34 kcal 1.05
Fresh carrot, cucumber and peppers.

MAINS


Yummy meals for rumbling tummys! Served with a side of peas, beans or sweetcorn.

BONKERS BACON CHEESEBURGER  567 kcal 6.65
Chargrilled burger in a gluten-free roll, topped with melted cheese and bacon with chunky chips.

DESSERTS

CHEEKY CHOCOLATE BROWNIE  327 kcal 4.50
Chocolate ice-cream, with fudgy brownie pieces and chocolate sauce.

FIZZY FRUIT AND SORBET  133 kcal 3.50
Seasonal fresh fruit with orange sorbet.

VEGAN ICE CREAM  3.80
Choose two scoops from:
Chocolate 170 kcal | Strawberry 160 kcal | Vanilla 158 kcal

MAKE IT A MEAL DEAL FOR £9.95
PICK A STARTER, MAIN, DRINK AND DESSERT!


Choose a side: peas, beans or sweetcorn.

Now pick your drink: Pip Organic Juice, orange juice, apple juice, milk, Pepsi Max, Diet Pepsi or lemonade.

DAIRY INTOLERANT

STARTERS

Perfect for a quick nibble, or for those with a smaller appetite.

RAINBOW STICKS  34 kcal 1.05
Fresh carrot, cucumber and peppers.

CRUNCHY GARLIC BREAD  218 kcal 1.60
Crispy bread covered in garlic butter.

MAINS

Yummy meals for rumbling tummys! Served with a side of peas, beans or sweetcorn.


BBQ CHICK*N WRAP  612 kcal 6.65
Vegan 'Chick*n' in a warm tortilla with BBQ sauce, served with chunky chips.

KICKING CHICKEN FAJITA WRAP  758 kcal 6.65
Chargrilled chicken with onions, peppers and dairy-free cheese, served with chunky chips.

BONKERS BACON CHEESEBURGER  567 kcal 6.65
Chargrilled burger in a sesame seed bun, topped with melted dairy-free cheese and bacon with chunky chips.

DESSERTS


FIZZY FRUIT AND SORBET  133 kcal 3.50
Seasonal fresh fruit with orange sorbet.

VEGAN ICE CREAM  3.80
Choose two scoops from:
Chocolate 170 kcal
Strawberry 160 kcal
Vanilla 158 kcal




TOTS GLUTEN INTOLERANT

MAINS

PASTAGADABRA  234 kcal 5.45
Gluten-free pasta tubes in a tomato and garlic sauce.

DESSERTS

FIZZY FRUIT AND SORBET  133 kcal 3.50
Seasonal fresh fruit with orange sorbet.

VEGAN ICE CREAM  3.00
Choose two scoops from:
Chocolate 170 kcal | Strawberry 160 kcal | Vanilla 158 kcal

MAKE IT A MEAL DEAL FOR £8.50


PICK A MAIN, DRINK AND DESSERT!

Choose a side: peas, beans or sweetcorn.

Now pick your drink: Pip Organic Juice, orange juice, apple juice, milk, Pepsi Max, Diet Pepsi or lemonade.


TOTS DAIRY INTOLERANT


MAINS

PASTAGADABRA  234 kcal 5.45
Gluten-free pasta tubes in a tomato and garlic sauce.

SCRATCH & LUCY'S FISH FINGERS AND CHIPS  476 kcal 6.50
Breaded fish fingers, served with fries and ketchup.

DESSERTS

FIZZY FRUIT AND SORBET  133 kcal 3.50
Seasonal fresh fruit with orange sorbet.

VEGAN ICE CREAM  3.00
Choose two scoops from:
Chocolate 170 kcal | Strawberry 160 kcal | Vanilla 158 kcal

MAKE IT A MEAL DEAL FOR £8.50

PICK A MAIN, DRINK AND DESSERT!

Choose a side: peas, beans or sweetcorn.

Now pick your drink: Pip Organic Juice, orange juice, apple juice, milk, Pepsi Max, Diet Pepsi or lemonade.