



Esya Spa

AT RETALLACK

TREATMENTS

Body Therapy

ELEMIS FRANGIPANI WRAP

Indulge in the ultimate relaxation experience with this luxurious body wrap, enriched with exotic frangipani flowers and nourishing oils. Skin is deeply hydrated and softened while you're cocooned in a warm, aromatic wrap. Complemented by a calming face and scalp massage, this restorative ritual leaves you feeling renewed, glowing, and utterly relaxed.

45mins £52

REFLEXOLOGY

Relax and rejuvenate with this deeply restorative treatment designed to promote overall wellbeing. Targeted pressure is applied to specific reflex points on the feet, helping to improve circulation, relieve stress, and support the body's natural healing processes. Perfect for those seeking deep relaxation and a holistic approach to wellness.

20mins £28 | 45mins £58

SWEDISH BACK MASSAGE & ELEMIS TASTER FACIAL

Unwind and de-stress with this blissful combination of a back, neck, and shoulder massage followed by a nourishing Elemis mini facial. A soothing, medium-pressure Swedish massage helps to release tension and improve circulation, while the facial includes cleansing and exfoliation to refresh and revitalise the skin. Leave feeling recharged, relaxed, and completely refreshed. Can be made suitable for pregnancy.

60mins £80



Signature Treatments

ESYA HARMONY RITUAL

A condensed version of our Serenity Ritual, perfect for those short on time. This 30-minute revitalising acupressure foot massage, gentle back brushing, and hydrating body application. A light back massage and calming scalp massage complete the treatment - ideal for a midday reset or pre-event pick-me-up.

30mins £50

ESYA SERENITY RITUAL

Begin with a grounding foot massage to relax the senses, followed by gentle body brushing and a revitalising back exfoliation to smooth the skin. A nourishing full-body moisturisation then envelops the skin in hydration, finishing with a tension-releasing neck and scalp massage. This restorative ritual leaves you feeling soft, soothed, and completely renewed.

60mins £75

ESYA SPORTS RECOVERY RITUAL

Ideal for active individuals, this energising treatment begins with a body brush to exfoliate and stimulate circulation, awakening the skin and preparing it for deep muscle relief. A focused deep tissue back massage targets areas of tension and tightness to release stiffness and promote relaxation. The ritual continues with a soothing foot and leg massage to ease soreness and improve flexibility. Finally, a nourishing moisturiser hydrates and refreshes the skin, completing this revitalising treatment for the back of the body.

60mins £85

Facial Treatments

ELEMIS EXPERT SKIN SPECIFIC FACIAL

A personalised facial tailored to your skin's unique needs. Whether your skin is dry, sensitive, oily, or lacking radiance, this expert treatment uses targeted Elemis products to restore balance and vitality. Deeply cleansing, nourishing, and hydrating, this facial leaves your complexion refreshed, smooth, and beautifully revitalised.

30mins £48 | 60mins £82

ELEMIS EXPERT TOUCH NOURISH FACIAL

Ideal for dry, depleted, or delicate skin, our Nourish Facial delivers a surge of intense hydration. Using nutrient-rich oils and a deep triple-cleanse, this comforting treatment rebalances and restores the skin's natural barrier. Skin is left feeling soothed, replenished, and visibly renewed with a healthy, luminous glow.

30mins £46 | 60mins £80

ELEMIS EXPERT TOUCH RENEW FACIAL

Rediscover your skin's vitality with our signature Renew Facial. Tailored to boost hydration and elasticity, this hands-on treatment combines high-performance active ingredients with expertly applied massage techniques to visibly firm the skin and smooth fine lines.

30mins £46 | 60mins £80

ELEMIS EXPERT ROSE TOUCH RENEW FACIAL

Breathe in the delicate aroma of English roses during this beautifully calming facial. Designed to replenish and soothe sensitive or stressed skin, this rejuvenating treatment features rose-infused skincare and gentle sculpting massage techniques to leave your skin feeling nourished, lifted, and radiant.

30mins £46 | 60mins £80

ELEMIS TOUCH DEFINE FACIAL

Elevate your skincare experience with our 75-minute Define Facial - a results-driven treatment designed to contour, lift, and energise the skin. This advanced facial combines intelligent skincare with expert massage techniques to visibly firm and enhance facial definition, restoring a youthful glow.

30mins £58 | 75mins £104



Massage Treatments

AROMATHERAPY MASSAGE

Our essential oils have been pre-blended. During your consultation choose either De-stress, Musclease, Cellutox, Frangipani or Japanese camellia oil to improve general wellbeing. This massage is a light pressure treatment.

Back Only - 30mins £53

Full Body - 60mins £85

Extended Full Body - 75mins £98

DEEP TISSUE MASSAGE

Alleviate stress, ease aching muscles, and revive your senses with this powerful full-body massage. Dynamic blends of essential oils are used to target tension and release deep-seated muscle discomfort, leaving you feeling restored, relaxed, and rebalanced.

Focus Area - 30mins £55

Full Body - 60mins £89

Extended Full Body - 75mins £102

HOT STONE BACK MASSAGE

Release tension and melt away stress with our 30-minute Hot Stone Back Massage. Warm, smooth stones are strategically placed on your back, while expert pressure techniques ease tight muscles and promote deep relaxation. This soothing treatment helps improve circulation, reduce muscle tension, and leave you feeling balanced and rejuvenated.

30mins £52

INDIAN HEAD MASSAGE

Helps relieve stress and tension with a combination of Eastern and Western massage techniques. This calming treatment focuses on the shoulders, head, and upper chest to release built-up pressure, improve circulation, and promote deep relaxation.

45mins £55

SWEDISH MASSAGE

A traditional massage using an unscented oil and a light to medium pressure to promote relaxation and ease muscles tension. No two people are the same so your therapist will tailor your treatment to make sure your specific needs are met.

Back, Neck & Shoulder - 30mins £49

Full Body - 60mins £83

Extended Full Body - 75mins £94

ELEMIS PEACEFUL PREGNANCY MASSAGE

This tranquil and restorative massage deeply hydrates the skin as it stretches to accommodate your growing baby. Performed in a side-lying position to ensure comfort and safety, the treatment begins with a soothing massage targeting the back and legs to relieve tension and promote circulation. You will then transition to lying on your back, supported with pillows, for a calming face, arm, and scalp massage using specially selected, pregnancy-safe aromatics. The experience promotes overall wellbeing and relaxation. At the end of the treatment, you'll be given extra time to get up slowly and in your own time, ensuring a gentle return to the rest of your day. You'll leave feeling nurtured, calm, and completely restored.

60mins £85

75mins £98

Waxing & Tinting

CHIN WAX

15mins £12

Remove unwanted hair from the lip area for a smooth and flawless finish.

EYEBROW COMBO[†]

30mins £18

Includes brow wax and brow tint for the perfect frame for your face.

EYEBROW TINT[†]

15mins £10

Enhance your natural brow colour and definition for a fuller, more polished look.

EYEBROW WAX

15mins £12

Shape and define your brows with precision for a polished and natural look.

EYELASH TINT[†]

30mins £15

Darken and define your lashes for a fuller, more dramatic look that lasts.

LASH & BROW COMBO[†]

45mins £25

This ultimate combo includes a brow wax, brow tint, and eyelash tint, giving you perfectly defined eyes with minimal upkeep.

LIP & CHIN WAX

30mins £20

Remove unwanted hair from the lip & chin area for a smooth and flawless finish.

LIP WAX

15mins £12

Remove unwanted hair from the lip area for a smooth and flawless finish.

TINTING PATCH TEST[†]

15mins

A complimentary patch test is mandatory and must be booked before any tinting treatments, including brow tint, eyelash tint, and combination services. Appointments cannot proceed without a completed patch test. Please note, all tinting services are strictly for clients aged 18 and over.

UNDERARM WAX

30mins £15

Remove unwanted hair from the underarm area for a smooth and flawless finish.

[†]**Please note:** This treatment is strictly for clients aged 18 and over. A mandatory patch test must be completed at least 24 hours prior to your appointment.



Hands & Feet



LUXURY MANICURE

The ultimate indulgence for your hands. This treatment includes exfoliation, cuticle care, and a relaxing hand massage, finished with a fresh gel or regular polish to leave your hands beautifully soft, nourished, and rejuvenated.

Gel Polish - 75mins £50

Regular Polish - 40mins £40

LUXURY PEDICURE

The ultimate pedicure experience, combining exfoliation, cuticle care, and hard skin removal with a relaxing foot massage. Finished with a fresh coat of gel or regular polish, leaving your feet soft, smooth, and beautifully pampered.

Gel Polish - 90mins £55

Regular Polish - 75mins £45

GEL POLISH ADD ON

Please note: This add-on is only available with a booking for the following treatments:

- File and Polish (Hands and Feet)
- Manicure/Pedicure
- Luxury Manicure/Pedicure

For an extra £10, upgrade to gel polish for a durable, high-shine finish - perfect for a truly luxurious and long-lasting look for your hands and nails!

15mins £10

FILE & PAINT

A quick yet effective treatment for neatly filed nails, followed by a fresh coat of gel or regular polish to brighten up your hands or feet.

Choose Gel Hands or Feet - 30mins £30

Choose Regular Hands or Feet - 15mins £20

MANICURE

A thorough treatment featuring nail filing, cuticle care, and a deeply moisturising treatment, finished with a gel or regular polish. Leaves your hands feeling refreshed, nourished, and rejuvenated.

Gel Polish - 60mins £45

Regular Polish - 45mins £35

PEDICURE

A full pedicure treatment including nail filing, cuticle care, and hard skin removal to leave your feet soft and smooth. Finished with a relaxing foot massage and a fresh coat of gel polish for perfectly pampered feet.

Gel Polish - 75mins £50

Regular Polish - 60mins £40

SPEEDY MANICURE OR PEDICURE

A quick yet effective treatment for neatly filed nails, followed by Cuticle work and a fresh coat of gel or regular polish to brighten up your hands or feet.

Hands Gel Polish - 45mins £40

Hands Regular Polish - 30mins £30

Feet Gel Polish - 45mins £30

Feet Regular Polish - 30mins £30

GEL REMOVAL

This service includes the gentle removal of your gel polish using a soak-off technique to ensure your natural nails remain healthy.

30mins £10

We do not offer removal of BIAB, extensions, acrylic, or builder gel. If these types of enhancements are present, we reserve the right to refuse treatment or suggest alternative options.



Under 18's Treatments

LITTLE TREAT FACIAL

A gentle, 20-minute express facial designed especially for young skin. This bespoke treatment uses Elemis products to nourish, cleanse, and introduce healthy skincare habits in a calm, child-friendly environment. Perfect for ages 15 and under.

20mins £28

LITTLE TREAT MINI MANICURE

A fun and gentle 20-minute manicure tailored for young hands. Includes nail shaping, a light hand massage, and a polish of their choice using child-friendly products. Designed to make little ones feel pampered in a safe, age-appropriate way.

20mins £24

LITTLE TREAT MINI PEDICURE

A playful 20-minute pedicure designed for young feet. Includes a soothing foot soak, gentle nail shaping, and a polish of their choice using child-safe products. A relaxing, age-appropriate treat that adds a little sparkle to their step.

20mins £24

Little Treat: Suitable for ages 15 and under.

Please be aware a parent will need to be in the treatment room.

Teen: Suitable for ages 16-17.

Please be aware a parent or guardian will need to wait while the teen is having a treatment.

TEEN CALM SOOTHING BACK, HEAD & SHOULDER MASSAGE

A relaxing 30-minute massage designed to ease tension and support overall wellbeing. Perfect for stress relief during exam periods or busy teen life. Light to medium pressure.

30mins £45

TEEN GLOW FACIAL

A 30-minute bespoke facial tailored to the changing needs of teen skin. Using professional-grade Elemis products, this treatment focuses on deep cleansing, hydration, and calming any breakout-prone areas. A great introduction to a consistent skincare routine.

30mins £42

TEEN POLISH MANICURE

A 30-minute manicure to shape, nourish, and refresh young hands. Includes cuticle care, nail shaping, and polish application with a colour of their choice. Gel upgrade for an additional £10 - Please ask on arrival.

30mins £28

TEEN POLISH PEDICURE

A rejuvenating 30-minute pedicure for fresh, healthy feet. Includes a warm soak, nail and cuticle care, smoothing exfoliation and a polish of choice. A perfect confidence boost for open-toe days. Gel upgrade for an additional £10 - Please ask on arrival.

30mins £28

To book your appointment, pop in or call 01637 882 404
or email retallackspa@awayresorts.co.uk

Terms & Conditions : 18 Years & Over - Adults only spa.
Prepayment must be taken to secure your appointment.

Please be aware that we operate a 48 hour cancellation policy in our spa.
Treatments cancelled within this period will not be refunded.



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