

LIFESTYLE AND ALLERGEN MENU

LUNCH

Served 12pm - 3pm.

CAJUN CHICKEN ROLL 684 kcal 9.95

Spicy Cajun chicken, mayonnaise, crispy lettuce, juicy tomato and melted cheese in a toasted gluten free roll.

BLT ROLL 714 kcal 9.45

Crispy bacon, lettuce and juicy tomato in a toasted gluten free roll with mayonnaise.

TUNA AND CUCUMBER ROLL 744 kcal 9.95

Tuna and cucumber in a toasted gluten free roll with zesty lemon mayonnaise, lettuce and tomato.

ADD CHIPS 405 kcal Or SIDE SALAD 49 kcal 1.70

SALADS

Beautifully fresh!

CAESAR SALAD 714 kcal 10.45

Crispy little gem lettuce and tomato, drizzled in a delicious Caesar dressing, topped with anchovies and Italian cheese shavings.

ADD SLICED CHICKEN BREAST 259 kcal 3.15

 SUITABLE FOR VEGETARIANS

 SUITABLE FOR VEGANS

GLUTEN INTOLERANT

STARTERS

AXLE JACK BUTTERMILK

CHICKEN BITES 513 kcal

Tender chicken breast marinated in buttermilk, topped with red chillies and spring onions, served with Axle Jack Glaze and yoghurt dip.



8.95

SOUP OF THE DAY 513 kcal

Ask your server for today's flavour of homemade soup served with fresh gluten free bread.

6.30

MEDITERRANEAN KING PRAWNS 446 kcal 9.45

Baked in a tomato and herb sauce with feta cheese.

MAINS

FISH AND CHIPS 1001 kcal

Hand-battered fish and chunky chips, served with peas and tartare sauce. A classic!

15.50

GRILL

80Z SIRLOIN STEAK 896 kcal

Red Tractor prime sirloin steak, grilled the way you like it, and served with chunky chips, roasted tomato and flat mushroom.



21.60

ADD PEPPERCORN SAUCE 171 kcal

2.50

ADD AXLE JACK GLAZE 84 kcal

2.50

NO GUESSWORK HERE - WE'VE ID'D THE USUAL SUSPECTS FOR YOU!

SIDES

CHUNKY CHIPS 404 kcal 4.20

MILLIONAIRE FRIES 684 kcal 7.05

With truffle oil, Italian cheese and garlic mayo.

SIDE SALAD 49 kcal 4.75

ROCKET, TOMATO AND MOZZARELLA 313 kcal 6.85

SEASONAL VEGETABLES 128 kcal 4.40

With butter and lemon.

DESSERTS

VEGAN ICE CREAM 3.95

Choose three scoops from:

Chocolate 255 kcal | Strawberry 241 kcal | Vanilla 237 kcal

SORBET 209 kcal 3.95

Three scoops of your favourite flavour or enjoy a mixture! Choose from: Raspberry | Lemon | Mango

If you have a food allergy, intolerance or coeliac disease, please speak to a team member about the ingredients in your food and drink before you order. Thank you.

LUNCH

Served 12pm - 3pm.

PENNE ARRABBIATA 733 kcal 8.95

Penne pasta in a rich tomato and chilli sauce with crisp garlic ciabatta bread.

BLT CIABATTA 714 kcal 9.45

Crispy bacon, lettuce and juicy tomato in a toasted ciabatta with mayonnaise.

LINCOLNSHIRE SAUSAGE CIABATTA 611 kcal 8.95

Lincolnshire sausages and sweet caramelised onions in a toasted ciabatta.

TUNA AND CUCUMBER CIABATTA 744 kcal 9.95

Tuna and cucumber in a toasted ciabatta with zesty lemon mayonnaise, lettuce and tomato.

ADD CHIPS 405 kcal Or SIDE SALAD 49 kcal 1.70

STARTERS

SOUP OF THE DAY 513 kcal 6.30

Ask your server for today's flavour of homemade soup served with fresh bread.

GARLIC CIABATTA BREAD 409 kcal 6.60

DAIRY INTOLERANT

SALADS

THE SOUL BOWL 404 kcal

A colourful bowl of mixed peppers, broccoli, marinated tomatoes, quinoa, soybeans, brown rice, fresh spinach with a basil and lemon dressing.

10.50

ADD SLICED CHICKEN BREAST 259 kcal 3.15

MAINS

FISH AND CHIPS 1001 kcal

Hand-battered fish and chunky chips, served with peas and tartare sauce. A classic!

15.50

MUSHROOM PENNE 939 kcal

Pan-fried mushrooms in a creamy garlic sauce, wilted spinach, chillies, and basil, sprinkled with vegan cheese shavings.

13.45

GRILL

80Z SIRLOIN STEAK 896 kcal

Red Tractor prime sirloin steak, grilled the way you like it, and served with chunky chips, roasted tomato and flat mushroom.



21.60

ADD PEPPERCORN SAUCE 171 kcal

2.50

ADD AXLE JACK GLAZE 84 kcal

2.50

SIDES

CHUNKY CHIPS 404 kcal 4.20

GARLIC BREAD 685 kcal 6.60

SIDE SALAD 49 kcal 4.75

SEASONAL VEGETABLES 128 kcal 4.40

With butter and lemon.

DESSERTS

STICKY TOFFEE PUDDING 6.95

Served with dairy free ice cream.

VEGAN ICE CREAM 3.95

Choose three scoops from:

Chocolate 255 kcal | Strawberry 241 kcal | Vanilla 237 kcal

SORBET 209 kcal 3.95

Three scoops of your favourite flavour or enjoy a mixture! Choose from: Raspberry | Lemon | Mango